

## **APPENDIX A: ADULT SERVICES STRATEGIC PLAN OUTLINE**

### **Our Vision for Adults in Rutland:**

All adults in Rutland are **safe, valued** and **heard**.

We aim to ensure that all adults, no matter what situation they are in, are listened to and supported to have a good life.

### **Our Aims for Adults in Rutland:**

1. People live the life they are able to
2. People live independently at home in a safe environment for as long as possible
3. People's rights, safety, welfare and wellbeing are safeguarded and we will ensure that regardless of setting, our services provide good quality care
4. Carers will have their own lives whilst providing support for their loved ones
5. Information, advice and guidance is accessible for all
6. Vulnerable adults who may be unable to make decisions for themselves or protect themselves from harm or abuse will have their rights upheld

### **Our Approach to Deliver Better Outcomes:**

- **A focus on the importance of relationships**
  - We take time to get to know adults, carers and their families, to develop positive relationships. We work collaboratively with our partners across health and social care and the voluntary sector in order to create a seamless experience.
- **Concentrate on the individuals strengths**
  - No two people are the same and each person is an expert in their own life. We empower people to recognise their strengths and work towards their individual goals.
- **A whole family approach**
  - We adopt a whole-family approach to take a holistic view of a person's needs and to identify how any potential needs for care and support impact on family members or others in their support network including the needs of carers, young carers and children.
- **Knowledgeable and skilled teams**

- Our integrated teams are passionate, skilled and creative. They respond quickly to new challenges and demands. We have strong leadership and work together to maximise our skills and experience to support adults and their families in the way that works best for them to be safe, healthy and independent.

### **Our Six Priorities for the next 12 months:**

1. **Loneliness and social isolation:** we will recognise the impact of loneliness and work with people to explore options that may reduce social isolation
2. **Inequality:** we aim to ensure that all people are treated as individuals and that services reflect the needs of the community
3. **Complex care:** we will ensure that our service is flexible in meeting the needs of those living with complex health conditions
4. **Community resilience:** Identify the potential to grow supportive communities and build upon the strengths that already exist
5. **Strengthening public engagement:** we recognise the value of people's experiences and work together with our community to shape and develop future services.
6. **Emotional health and wellbeing:** we will support people to maintain a sense of purpose by recognising what matters to them and keeps them well